



LEAKY CUP RELAY : GRADES TK-8

Objective: Students will relay race with a leaky cup over their heads to try and fill their team's bucket with the most water within a set amount of time.

Materials: buckets and kiddie pool of water, paper or plastic cups with holes poked all over them

Tips: Make the holes in the cup fairly small for a slow leak.

Instructions: Organize the students into teams of 4-6 players, and have the teams line up at the starting line about 6 feet apart from each other. Set kiddie pool full of water in front of the teams at the starting line, and 2 empty buckets at the other end of the relay area. Each team will need a paper or plastic cup with lots of holes poked in them. When the instructor says "Go," they will start a timer with a set amount of time such as 3 or 5 minutes. The first person in line from each team will fill the cup with water, hold it above their head, and walk it to the other bucket. When they get to the bucket, they will empty the remaining water into the bucket, and run back to their team. At this point they will hand off the cup to the next person in line, who will fill the cup and continue the relay in this pattern. The first team to fill the bucket with the most water by the time the timer goes off wins!





WATER BALLOON TOSS : GRADES 2-8

Objective: Students work in pairs to pass a water balloon back and forth and try to not pop it.

Materials: Reusable water balloons, kiddie pool to fill water balloons

Tips: When a pair of students drop or pop the ball they can go off to the side, fill up or grab another water balloon, and practice for the next round.

Instructions: Organize the students into pairs of two. Have the students form two lines. The pairs will line up across from each other. Give each pair a water balloon. When the instructor says “Go,” the partners will toss the water balloon back and forth. With every one or two passes, the instructor will command the students to take a step backwards. The partners will work together to keep their balloon from dropping or popping. They will keep passing the ball back and forth while moving away from each other until they either drop the water balloon, or until they are the last remaining pair.





OVER-UNDER BUCKET RELAY : GRADES 2-8

Objective: Students will pass the bucket of water from the beginning to the end of the line as fast as possible!

Materials: 2 small buckets, 2 large buckets, kiddie pool with water

Tips: You could have the player at the end of the line come to the front of the line after they dump the water into the bucket, so then everyone will have a chance to dump the water into the bucket.

Instructions: To play this game, organize students into teams of about 10 players each. In their teams, have the students line up behind one another about arm's length apart, with the first student on the starting line, and the other students stretched out toward the finish line. At the starting point, there will be a kiddie pool of water for each team. At the end of the line there will be a bucket. To play, the instructor says, "Go!" and the first player in each line will pick up the bucket fill it with water and begin passing it over their head. The second person in line will pass it under their legs, the third over their head, and so on. When the bucket has been passed to the end of the line the player will dump what water is left in the bucket into the bigger bucket. The bucket will then be passed back to the front of the line. The play will continue until one team's bucket is filled to the top and this team will be the winner.

